



NATIONAL SYMBOLS

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Shield



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The Republic of Cuba is formed by around 4 195 cays and islets and occupies an area of 104 884 km2 and 1 200 km of extension.

Due to the warm climate, its sea is ideal for bathing and diving.

It is made up of 15 provinces, 168 municipalities and the special municipality Isla de la Juventud. It has a population of more than 11 120 000 inhabitants.

Cuba, the largest island in the Caribbean, welcomes you to enjoy all its benefits in a special way.

SIGNIFICANT DATES

January 1st: Day of Liberation. Anniversary of Triumph of the Revolution

May 1st: Workers Day

July 26 th: Day of National Rebelliousness

October 10th: Beginning of the Independence Wars.

National bird



National flower



National tree





Cuba's most complex delta system is also the second largest wetland area in the insular Caribbean. Ramsar site where 11 endemic species are reported. Gundlach's hawk, Cuban Parakeet and Fernandina's flicker, among others. It is also the nesting place of the Caribbean flamingo whose population approaches 50 thousand. This place also includes aboriginal settlements of which more than 25 archaeological sites have been found. The river Cauto, the longest in Cuba, was also an active area for smuggling in the seventeenth century.



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Nowadays, the Fiesta de la Cubanía (a

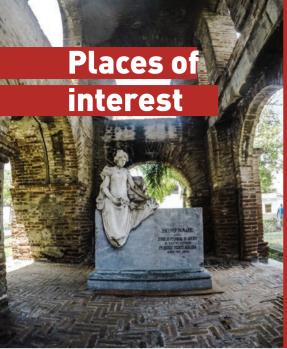
celebration of Cuban identity, culture and

traditions) is held every year in Bayamo.

also national parks which are historically

important and rich in nature, such as:

The Desembarco del Granma National





Capilla de San Juan Miguel Capote St. and José Martí St., Bayamo.

A historical monument where one can find the tower that was the portico of the first open-field cemetery in the Americas.

Formerly, this building was the bell tower of the church of San Juan Evangelista, built in 1702.

After being destroyed during the heroic burning of the city, on January 12, 1869, its old tower remained standing and was used for several years as the portico of the cemetery.

RETABLO DE LOS HÉROES

Miguel Capote and José Martí St., Bayamo.

The current park was rebuilt in 1958, year in which the Retablo (Tableau) of the Heroes was erected. This tableau features portraits in stone of prominent Cuban patriots and, in the center, a statue of Francisco Vicente Aguilera, Major General of the Liberation Army (Ejército Libertador) and Vice President of the Republic of Cuba in Arms. His remains still lie there.







La Bayamesa, signed by the author.

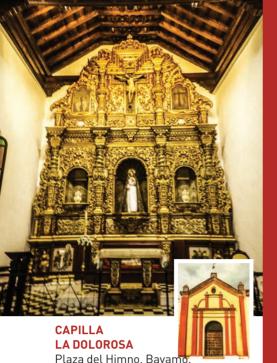
Luz Vázquez y Moreno young girl from Bayamo who inspired the first romantic song of Cuba.

VENTANA DE LUZ VÁZQUEZ

Céspedes St./ Figueredo and Luz Vázquez, Bayamo.

This window is where a young girl called Luz Vázquez was serenaded with Cuba's first romantic song, La Bayamesa, which was performed for the first time at this window by the tenor Carlos Pérez Tamayo on March 27, 1851. It was Composed by Carlos Manuel de Céspedes, José Fornaris and Francisco del Castillo. Nowadays, this song, a blend of art and patriotism, still captivates hearts.

Hore overs as one un trimpo dolp me extació and tu huna telles o y en turino dobbe la caberra maritam do de distra es omnar? a compress your est noto has alphias harada

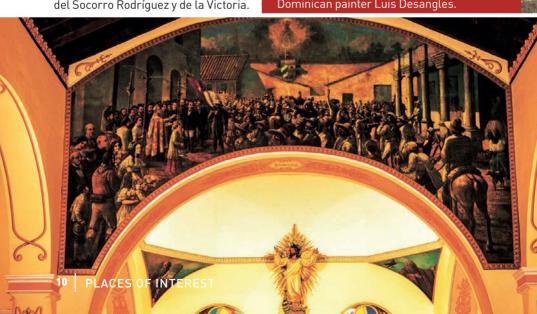


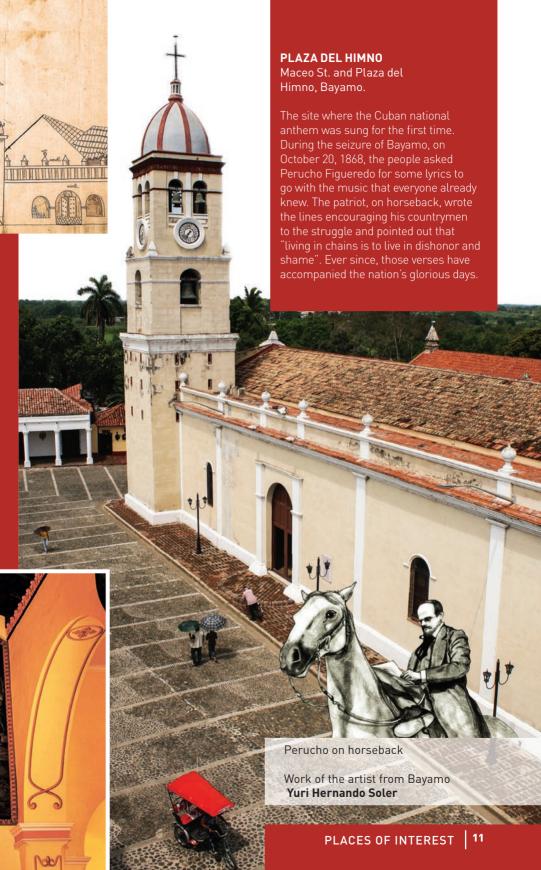
Built between 1733 and 1740, This chapel, dedicated to Our lady of Sorrows (La Dolorosa), is a faithful example of Cuban colonial architecture and contains images of our flora and fauna. Its original ceiling and altarpiece survived to the flames on January 12, 1869. The baroque altarpiece, carved in cedar wood and laminated in gold, is reputedly the work of Manuel Rodríguez and was restored years later by his son Manuel del Socorro Rodríguez y de la Victoria.

CATEDRAL SAN SALVADOR DE BAYAMO

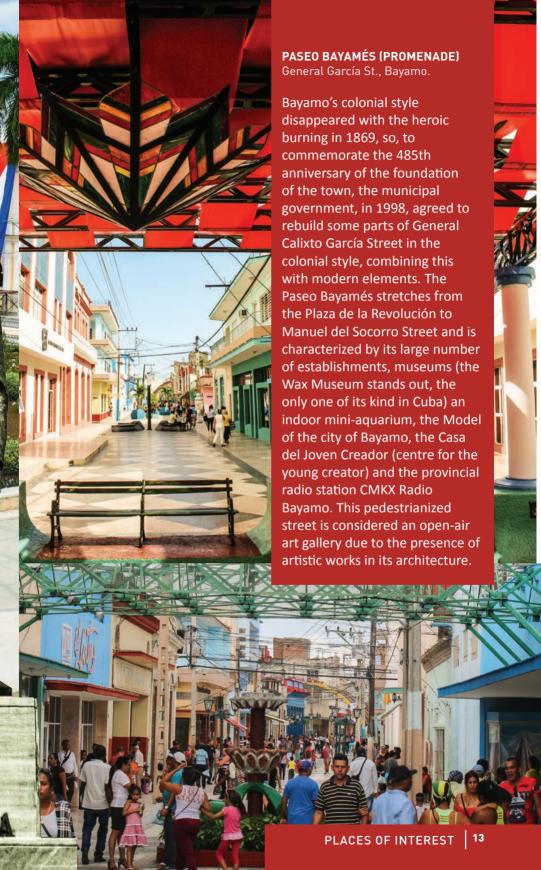
José Joaquín Palma St. #130, Plaza del Himno, Bayamo. Tel: (53) 23 42 2514

In 1514, after the relocation of the settlement of San Salvador, from the banks of the Yara River to Bayamo, the San Salvador chapel, made of palm and quano, was built here. In 1600, the rudimentary temple became a majestic wooden building, typical of the seventeenth and eighteenth centuries. In 1613, it was proclaimed a major parish church. During to the heroic burning of Bayamo, the temple was almost destroyed by the flames, losing its ornamentation and architectural features. The La Dolorosa Chapel, which since 1740 stands next to the main temple, is the only section which wasn't destroyed. Currently, the cathedral is the only religious institution in the world that has a mural with a patriotic theme. The central arch depicts the blessing of the Demajagua Flag and the moment when the lyrics of the National Anthem. composed by Pedro Figueredo, became known. The painting is the work of the Dominican painter Luis Desangles.











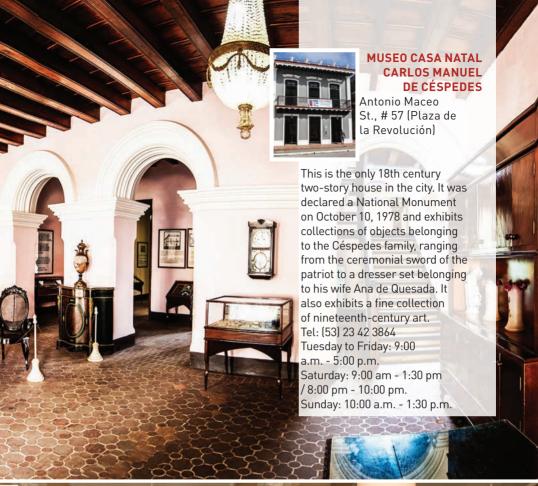


MUSEO PROVINCIAL MANUEL MUÑOZ CEDEÑO

Maceo St., #55 / Palma St. and Mármol St., Bayamo.

The birthplace of Manuel Muñoz Cedeño, patriot and musician, orchestrator and arranger of the Cuban National Anthem and author of the introduction of "La Bayamesa". Artistic and patriotic collections with pieces of exceptional value are exhibited in this museum.

Tel: (53) 23 42 4125/23 42 3665 Email: mpgr@crisol.cult.cu. Tuesday to Friday: 8:00 a.m. 12:00 m / 1:00 p.m. - 5:00 p.m. Saturday: 9:00 am - 1:00 pm / 5:00 pm - 9:00 pm. Sunday: 9:00 a.m. - 1:00 p.m.







MUSEO DE ARTE DE CERA

General Garcia St., # 261, Bayamo. Tel: (53) 23 42 5421 Tuesday through Friday: 9:00 a.m. - 5:00 p.m. Saturday: 10:00 am - 1:00 pm / 7:00 pm - 10:00 pm. Sunday: 9:00 a.m. - 12:00 m.

This is the only wax museum of its kind in the country, distinguished by the artists' skills and the technique of modeling polychrome wax. Artisans from the municipality of Guisa began these works based on an existing tradition in the area. Especially outstanding pieces include works representing rural customs such as cockfighting and muletrains, as well as those representing the flora and fauna of this region. Outstanding figures of our history and culture, as well as popular local characters, can also be seen.



Abigail González St. / Serafín Sánchez St and General García St, Bayamo.

Scene of the assault on the Carlos Manuel de Céspedes garrison on July 26, 1953, which occurred simultaneously with the attack on the Moncada garrison in Santiago de Cuba. The museum exhibits objects and documents related to this glorious moment.

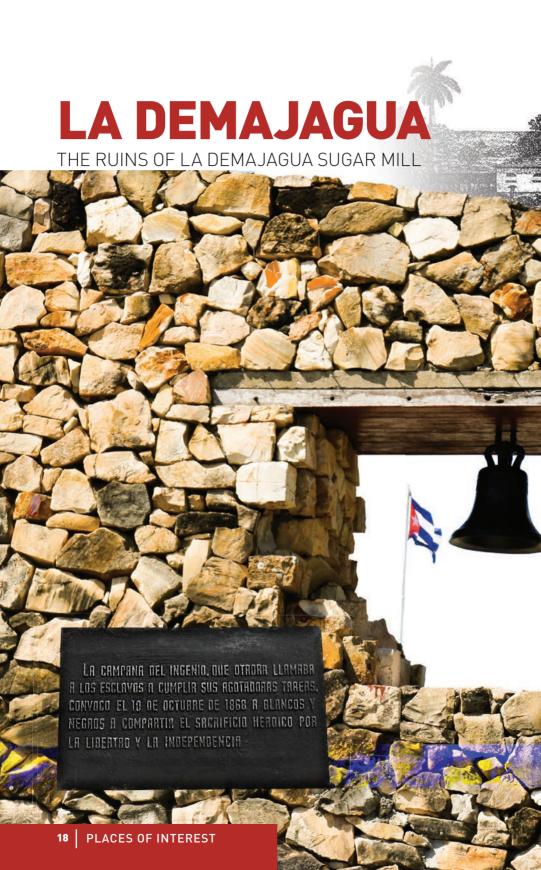
Tel: (53) 23 42 3181 Tuesday to Saturday: 9:00 a.m. - 12:00 m / 1:30 p.m. - 5:00 p.m. Sunday: 9:00 a.m. - 1:00 p.m.

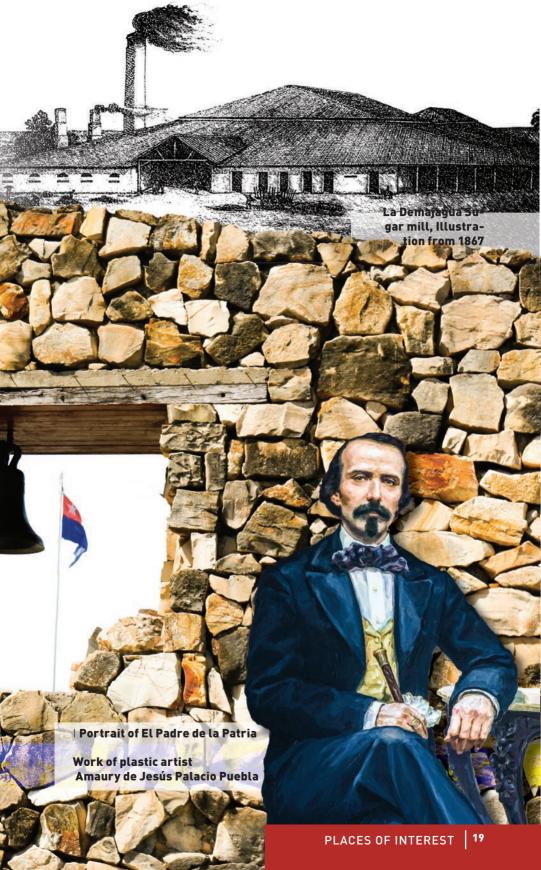


DOS RÍOS

On the road to San Germán.

The place that commemorates the death in combat of José Martí. on May 19, 1895. Formerly, a monument made of stones erected by General Máximo Gómez and his men. Tuesday to Friday: 8:00 a.m. - 12:00 m - 2:00 p.m. - 5:00 p.m. Saturday and Sunday: 8:00 a.m. - 12:00 m.







ZOOCRIADERO DE COCODRILOS On the road to Campechuela

8 km from Manzanillo.

A crocodile breeding farm that allows us to observe the crocodile from the spawning of the egg to the growth of the reptile to the size of 4 m. Activities included are the observation of crocodile handling, contact with the animals, and the collection of eggs.

Visitors will be given information about the reproduction of the species and will see how

crocodiles live and feed. In this environment, visitors can also go into a bamboo forest to admire the natural landscape and diverse flora and fauna of the region's wonderful ecosystem.





Maceo St., corner to José Miguel Gómez, Manzanillo, Granma.

The present church, dating from 1834, has a portico which harmonizes with the other nearby buildings, characterizing the environment of the early 19th century. It gives aesthetic elegance and majesty to the local historical center.



ESCALINATA CELIA SÁNCHEZ MANDULEY

Caridad St. / Martí and Luz Caballero, Manzanillo.

This monument to Celia Sánchez has a permanent room where silkscreens and documents belonging to her are exhibited. In addition, a monthly exhibition is organized using stamp collections, pictures and local artists' works. The visit includes a tour with a specialized guide along the three blocks that the monument complex covers. Tel: (5323) 57 4392.

Tuesday to Saturday 8:00 a.m. -12:00 m. / 1:00 p.m. - 5:00 pm.



THE HEROIC BURNING OF BAYAMO

The heroic burning of Bayamo, on January 12, 1869, was one of the greatest patriotic sacrifices of the Cuban people in their independence struggle. Every year, the people of Bayamo gather in the Plaza del Himno and in the Plaza de la Revolución, where the heroic feat began, to commemorate that historical event. It is a day of academic events, cultural activities, and in the evening an artistic gala takes place which, with the participation of renowned personalities of Cuban art and culture. commemorates the time when the city burned for more than three days. It is the most deeply rooted tradition in Bayamo's culture; a unique experience for its participants. It is organized by Bayamo's Municipal Department of Culture, you can request information by telephone (53) 23 42 5258, 23 42 2810 and by email bayamo@crisol.cult.cu.



NATIONAL EVENT OF MULE DRIVERS

This is a very interesting three-day event that starts with a mule ride to La Otilia museum (one of Che Guevara's camps in the Sierra Maestral. Other activities include lectures on heritage and history, visits to mule-breeding farms, natural products festivals, craft exhibitions by local artisans. A notable feature of this event is the traditional Órgano Oriental (street organ), a musical organ performance which has a leading role in rural activities and "quateques" (peasant fiesta). The event is held in June to celebrate St. John's day (on June 24th), and an early morning dip in the river at Buey Arriba is a traditional part of this program. This event is celebrated from the 22nd to the 24th of June in the municipality of Buey Arriba. Its organizers are the Municipal Department of Culture of Buey Arriba and the Provincial Department of Heritage in Granma. For more information you can call (53) 23 343716, (53) 23 42 3665, (53) 23 42 8121 or email buey arriba@ crisol.cult.cu, patgr@crisol.cult. cu and mpgr@crisol.cult.cu





THE ORGANO ORIENTAL FESTIVAL (THE EASTERN ORGAN FESTIVAL)

Intended to preserve Niguero's rich tradition of music played with street organs, and its values and socio-cultural significance, this festival includes an academic event "El órgano y su recorrido en el tiempo" (the history of the Organo Oriental) as the main activity, which is sponsored annually by the municipal museum. A contest is held, which brings together the main organs of the province, and a jury gives awards to the three best artistic groups to perform. The event is also an opportunity for foreigners and locals alike to participate in dance lessons, fiestas and percussion workshops. while having the opportunity to vote for the best group in the contest. The event takes place from 13th to 16th of August in Niguero. For more information, contact the Municipal Department of Culture in Niguero (53) 23 59 2694.

INTERNATIONAL CUISINE EVENT

Based on audiovisual arts, literature. tourism and regional cuisines, this festival creates an environment aimed at developing the art of tasting to educate the audience through workshops and lectures which are generally accompanied by presentations and foodtastings. The event gives the Cuban Award to the family or individual who manages to captivate the judges and the audience with their presentation. It is celebrated on the second weekend of November, coinciding with the anniversary of the founding of the town of San Salvador de Bayamo. Venues: Provincial Museum, Hotel Royalton, Plaza del Himno, Plaza de la Revolución. Organizers: Cooking Association of Granma, Provincial Department of Heritage: for more information: telephone number (53) 23 423468, email: domingo.cuza@grm.mintur.gob.cu





PRIMAVERA TEATRAL (THE SPRING THEATER BIENNIAL EVENT)

A biennial event held for those who work in theatre with children and voung people, it is celebrated in Bayamo, in the month of May, and promotes the discussion of current issues in theater. The program includes presentations of theatrical works, debates on children's theater, montages and techniques, puppet workshops, photography and poster exhibitions, and "La escena sin nombre", a space for dialogue between directors, critics and creators. Each event celebrates a new anniversary for the Bayamo group Pequeño Príncipe, created on May 20, 1979, and its invitation to participate attracts groups from all over the island, whose projects are joined with those of local artists. Most of the performances take place in the Teatro 10 de Octubre (main venue). and the rest in the Manuel Muñoz Cedeño Professional Art School and the Bayamo Theater, there are also presentations in education centers and different communities in the province. It is celebrated from May 25 to 27 in the main theaters and public squares of the city, and it is organized by the Provincial Council of Performing Arts. For more information: (53) 23 42 6539 / (53) 23 42 5210; email: cpaegr@crisol.cult.cu.



TROVA FESTIVAL CARLOS PUEBLA IN MEMORIAM



A musical tribute to the singersongwriter known as the Cantor de la Revolución (Singer of the Revolution), this festival is celebrated every year in the city of Manzanillo from November 28th to December 1st. It promotes academic research as well as the creation and interpretation of the trova genre among new generations. Sponsored by the Casa de la Trova Jaime Benemelis Pérez, each year's event is dedicated to the anniversary of a local group or personality. Its main spaces are named after titles of, or phrases from, Carlos Puebla songs. The event includes concerts, serenades and lectures related to the genre and its legacy in both the Gulf of Guacanavabo region and throughout Cuba. It also includes a contest dedicated to the Trova, book sales, tours to places of interest and a pilgrimage to the cemetery where the remains of the singer-songwriter rest. Venue: Merchán street # 213 on the corner of Masó, Manzanillo, Granma. More information: (53) 23 57 5423 and email manzanillo@crisol.cult.cu.



This is the most important cultural event in the province of Granma. It is celebrated annually in the city of Bayamo from October 17 to 20 to reflect Cuban history and culture. The event highlights the works of our artists and art lovers, from all over Cuba and the world. The celebration brings together both intellectuals from different branches of knowledge and Bavamo inhabitants, who participate in many activities: book fairs, crafts and traditional products; orchestras and bands: staging of theatrical works and art shows. Each year's event also hosts a different program of the academic event Crisol de la Nacionalidad Cubana, an important space for reflection and interaction of writers, intellectuals and researchers, who lecture on culture, identity and nation, delving into its complexities, relationships and contemporary perspectives. In squares, communities, universities, schools, cultural centers and public spaces, authors and performers share their work, and the richness

and vitality of different artistic approaches - 'high' art, folk and popular - can be appreciated. This very Cuban festival is a tribute to the nation essential values and traditions and its profoundly universal character. It has been celebrated since 1994 and commemorates el Día de la Cultura Cubana (October 20), the date on which the Bayamo people first sang the lyrics of the National Anthem, a historical moment that confirms the city as the Cradle of Cuban National Identity. Its organizers are the Casa de la Nacionalidad Cubana and the Provincial Department of Culture in Granma. For more information: telephone (53) 23 42 48 33, 23 42 6289 and 23 42 3465; email fiesta@crisol.cult.cu; cnc@ crisol.cult.cu: relint @ crisol.cult.cu.



CULTURAL CENTER

EL BAYAM

Carretera Central km 1 ½, Bayamo. Tel: (53) 23 48 1698 9:00 am - 2:00 am.

LOS BEATLES

Calle Zenea. e/ Figueredo and Saco, Bayamo. Tel: (53) 23 42 1799 Tuesday to Friday: 7:00 pm - 12:00 am. Saturday and Sunday: 7:00 pm - 1:00 am.

GUAJIRO NATURAL

Calle Línea, e/ Milanés and William Soler, Bayamo. Tel: (53) 23 42 1835 One of the most comprehensive and large cultural center in Cuba, it was dedicated to the memory of the singersongwriter Polo Montañez. It has an ice-cream parlour, a hamburger cafeteria, a pizzeria, a bar, a candy store, a Cuban and Italian food restaurant and a cafeteria. It includes a literary café and an outdoor cabaret for 300 customers.

CASA DE LA TROVA LA BAYAMESA

Live traditional music. Cuban cocktails. Maceo, No. 111, e/ Martí and Mármol, Bayamo. Tel: (53) 23 42 5673. Open: Monday 10:00 a.m. - 6:00 p.m. Tuesday to Sunday 10:00 a.m. - 12:00 p.m.

CARLOS PUEBLA CASA DE LA TROVA

Coctelería cubana. Calle Merchán, #209, esquina a Masó, Manzanillo. Tel: (53) 23 57 5423 Place where every year a Festival to pay homage to Carlos Puebla is held (December).

Música tradicional en vivo.

SERENATA CUBANA

Calle Merchán, #221, e/ Maceo y Masó, Manzanillo. Tel: (53) 23 57 7120

COSTA AZUL RECREATIONAL-**GASTRONOMIC COMPLEX**

Ave 1ro de mayo y Narciso López, Manzanillo. Tel: (53) 23 57 3158 / 57 5117 Tuesday to Sunday: 8:00 pm - 2:00 am.

SALAS DE FIESTAS

A BAYAMO EN COCHE

Hotel Sierra Maestra. Carretera vía Santiago, km 1½, Bayamo. Tel: (53) 23 42 7970 / 42 7973 Saturday and Sunday: 10:00 pm - 2:00 am.

BAR LA ESQUINA

Calle Donato Mármol, #130, e/ Antonio Maceo and Francisco Vicente Aguilera, Bayamo, Granma. Tel: (53) 23 421731 12:00 m – 12:00 am.

BAR DULCE MULATA

General García, e/ Masó and Manuel del Socorro, Bayamo. Tel: (53) 23 42 6594 Every day: 12:00 m - 2:00 am.

CUCO'S BAR

Calle Mármol, e/ Canducha Figueredo and Maceo, Bayamo.

Tuesday to Friday, Sunday: 12:00 m - 12:00 am / Saturday: 12:00 m - 2:00 am.

MITUMBAO

Amado Estévez, e/ Ave Frank País and 2^{da.}, Bayamo. Tel: [53] 23 42 1219 Wednesday to Sunday: 9:00 am - 2:00 am.

PIANO BAR MANZANILLO

José Miguel Gómez, e/ Dr. Codina and Calixto García, Manzanillo. Tel: (53) 23 57 5312 Monday to Friday and Sunday: 12:00 m - 12:00 am. Saturday: 12:00 m - 1:00 am.

CASA DE LA FIESTA

Ave Frank País corner to Amado Estevez, Bayamo. 8:00 pm - 2:00 am.









mother-in-law's cushion one of the most popular species of cactus in the Botanical Garden





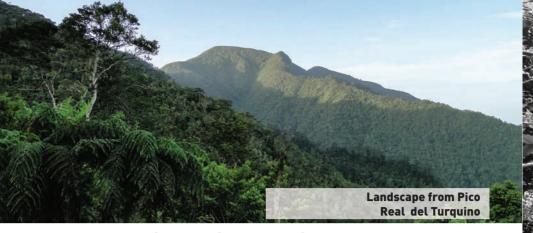






This botanical garden, the most natural in Cuba, is an institution dedicated to the conservation of the native flora of both the province and the Cuban archipelago, as well as to the protection of the environment. The third most important in the country, it takes its name from the Cupaynicú river which flows through it. In its 104 hectares, visitors can see more than 1,800 species of plants, in particular hundred year-old trees and endemic fauna, as well as enjoy areas dedicated to healthy recreation and education.



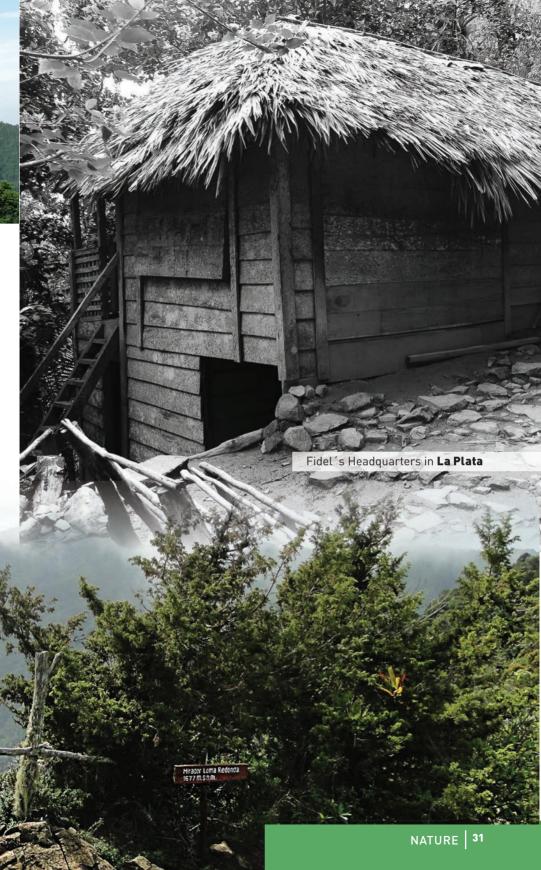


EL TURQUINO NATIONAL PARK

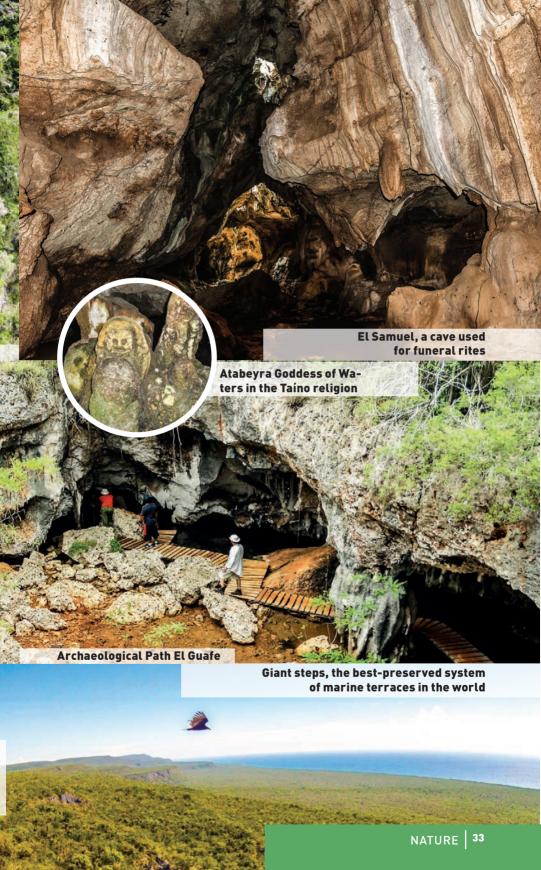
This national park is a protected area located in the heart of the Sierra Maestra, Cuba's largest and most impressive mountain range which is closely linked with Cuba's history of national independence. It occupies an area of 17.450 hectares and has a typical mountain climate, with average temperatures of 25°C at sea level and 16°C at altitude. The rainiest months are July, September and October, whereas February, March and April are very dry. The Pico Real del Turquino, located in the park, is the highest point in Cuba, at 1,974 meters above sea level. Nearby, the peaks of Cuba and Suecia straddle a wide river system, in which the Yara River is the most important. Many local species such as the "sabicú".

the "sabina", the oak of La Maestra and tree ferns can be found here. Mammals, reptiles, amphibians, and mollusks, as well as birds such as the Cuban tody, the Cuban trogon and the hummingbird, are an important part of the fauna. The park was also the stage for many decisive battles in the struggle for independence, making the park a living museum which tells memorable stories of the "Ejército Rebelde's" struggle in the 1950s. This region is perfect for mountaineering, hiking and local species watching. It also houses many trails that reveal the history, traditions, lifestyle, and customs of rural eastern Cuban, such as coffee cultivation and honey production.

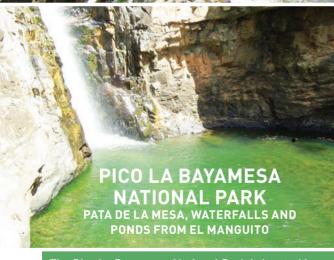












The Pico La Bayamesa National Park is located in the central part of the Sierra Maestra mountain range, about 36 kilometers from the city of Bayamo. It has an area of 241 km2. The Bayamesa is the park's highest peak, at 1,752 meters above sea level. The park harbors more than a thousand plant species and even more animal species, which all find shelter in this natural paradise. Together with the Turquino National Park, it is the main source of biodiversity in the Sierra Maestra mountain range one of the largest biodiversity sites in the entire Caribbean.





ECOTUR OFFICE

Carretera Granma, km 12 1/2, Marea del Portillo, Pilón. Tel: (53) 23 59 7034/ 23 59 7022/ 23 59 7020

Email: director@granmavc.co.cu

MAREA DEL PORTILLO HOTEL SALES OFFICE

Carretera Granma, km 12 1/2, Marea del Portillo, Pilón. Tel: (53) 23 59 7046 Email:

reservas.marea@grm.ecotur.tur.cu Everyday 8:00 am - 4:30 pm.

HAVANATUR SALES OFFICE

Calle General García, e/ Saturnino Lora and Masó. Tel: (53) 23 42 7662/23 42 7662 Email: danilocc@havanatur.cu Monday to Friday: 8:30 am - 12:00 m/ 1:30 pm - 4:30 pm/ Saturday: 8:30 am - 12:00 m.

ISLAZUL TRAVEL AGENCY

Calle General García, #207, e/ Lora and Masó, Bayamo. Tel: (53) 23 42 6989/ 23 42 3273 Email: isabel.torres@agenciagr.tur.cu Monday to Friday: 8:00 am - 5:00 pm/ Saturday: 8:30 am - 12:00 m.

SIERRA MAESTRA HOTEL'S **ECOTUR CENTRAL OFFICE**

Carretera vía Stgo de Cuba, Bayamo.

Tel: (53) 23 48 7006

Email: agencia@ecotur.grm.tur.cu

ARTEX PARADISO SALES OFFICE CASA DE LA TROVA LA BAYAMESA

Calle Maceo, #111, e/ Martí and Mármol, Bayamo. Tel: (53) 23 41 1844/

Email: paradisogr@scgr.artex.cu Monday to Saturday:

9:00 am - 5:30 pm.

VILLA SANTO DOMINGO **SALES OFFICE**

Carretera La Plata, Bartolomé Masó.

Tel: (53) 23 56 5880

Fmail:

reservas.turquino@grm.ecotur.tur.cu Monday to Sunday: 7:30 am - 4:00 pm.

CUBAMAR

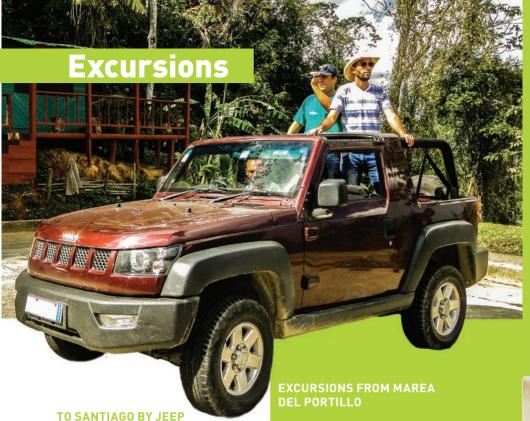
General García #112 e/ Saco and Figueredo Tel: (53) 23 42 2425

cubamar@grm.campismopopular.cu

CUBANACAN

Carretera Central, vía Stgo de Cuba, Hotel Sierra Maestra Tel: (53) 23 41 2001

Monday to Friday: 9:00 am - 4:30pm.



Depart from the hotel at 6:30 am with breakfast aboard a 4x4 jeep with guide service. Travel along the southern tourist road with guided visits to the Macío River, La Magdalena Bridge and Chivirico. In Santiago de Cuba: tour the main streets of the city, visit La Loma de San Juan, the Tienda del Ron (rum shop) and other places of interest; shopping time and short stay at Antonio Maceo Square. At noon, visit San Pedro de la Roca fortress - a World Heritage site-, the Museo de la Piratería (museum of piracy). and lunch at El Morro restaurant. In the afternoon, walk to the historic center, Enramada Street, and the areas surrounding Céspedes Park, with a visit to the home of the conquistador Diego Velázquez -the oldest house in Cuba-.

A city tour of Bayamo, the second settlement founded by the Spanish in Cuba and the Cradle of Cuban National Identity. Transfer to Bayamo on an air-conditioned bus with a bilingual guide: en route there are panoramic tours of the towns of Pilón, Media Luna, Campechuela, Manzanillo and Yara. In Bayamo itself, visitors will find a historic city full of cultural traditions: sightseeing in horse-drawn carriages, walks along the Paseo Bayamés, and visits to the Wax Museum, the Plaza de la Revolución and its surroundings, the Carlos Manuel de Céspedes Museum, the Plaza del Himno, the Catedral de San Salvador de Bayamo and the Retablo de los Héroes (tableau). with cultural activities at the Casa de la Trova and lunch at a local restaurant, and with leisure time for souvenir shopping. On the way back, a panoramic tour through the city of Manzanillo; a short stay at Carlos Manuel de Céspedes Park; and time for taking pictures and shopping.

EL MANGO

After being taken by bus to the biological center of El Mango, there will be a two and a half-hour boat tour of more than two kilometers of estuaries and lagoons in the Cauto river delta, Cuba's largest. The route begins in the channels of Las Playas lagoon, to Cayo Norte and Cayo Carena. It includes a visit to archaeological sites and remnants of a former saltworks, and, on the way, visitors can see water-birds, such as flamingos, seville, herons, macaws and gulls, as well as nesting areas for iguanas and hutias.



EL GUAFE AND CABO CRUZ

After being taken by bus to the starting point, the four-hour four-kilometer journey to El Guafe and Cabo San Cruz takes you along the trails of the Desembarco del Granma National Park, with a specialist guide, and includes a snack and lunch. You will be able to see outstanding examples of the region's endemic and characteristic flora, and a wide range of fauna, especially birds, such as the Cuban tody, the tocororo, the

blueheaded quail dove, the "juanchiví" (Cuban vireo), the grassquit, the "cabrerito", the green woodpecker, and the 'zunzuncito". You will also see the remains of aboriginal sites, complete with explanations of indigenous life and customs, among them details of Atabeira, the goddess of water. The tour includes a visit to Cabo Cruz, a fishing village where the Vargas lighthouse stands out, a structure dating from the 19th century, with a height of 32 meters.



EL SAMUEL

This 3-km speleology trail, on foot through the Desembarco del Granma National Park, takes 4 hours and includes a specialist quide, a snack and lunch. Visitors will enjoy the park's typical landscape of terraces and its geomorphological features. such as the diente de perro (lapies), diaclasias, cliffs, and caves. The the journey to the El Samuel cave will give you an excellent view of marine terraces, and the cave itself is an excellent natural viewpoint for seeing the Caribbean and the El Real virgin forest, containing varied secondary formations, archaeological remnants and cave fauna.

LAS YAGUAS, Desembarco del Granma National Park

MORLOTTE-FUSTETE

This is a 6 km 4-hour tour on foot along difficult trails in the Desembarco del Granma National Park, and includes a specialist guide, a snack and lunch; it involves climbing and descending cliffs, and a visit to the Fustete cave where typical secondary formations of the caves (stalagmites, stalactites) can be seen, and includes a visit to the sinkhole of Hoyo de Morlotte, with a drop of 77 meters and a diameter of 55 meters in diameter, whose origins still remain unknown.

LAS YAGUAS

This 17 km 6-hour four-wheel jeep drive through the Desembarco del Granma National Park includes a specialist guide, a snack and lunch. You will make a stop in Alto de la Vigía to enjoy the panoramic views of the hotel complex and bay of Marea del Portillo, from a height of 360 meters above sea level. Varied topographical features can be seen, especially those forming waterfalls of different levels. A swim in natural pools is also available.



VISITS TO NATIONAL PARKS

TURQUINO

Transfer on an air-conditioned vehicle with a bilingual guide. During the journey you will be given a panoramic tour through the towns of Pilón, Media Luna, Campechuela, Manzanillo, Yara and Bartolomé Masó, ending with a welcome cocktail at Villa Santo Domingo, and some leisure time of your own. There will be a visit to the Visitor Information Center, and then a safari (in a four-wheel drive ieep) to the natural viewpoint of Alto de Naranjo, with a short stay for taking pictures and enjoying the mountain landscape from an altitude of 955 meters. There will then be an ecotour to the Comandancia La Plata: a two-hour walk through eco-touristic mountain paths in a Protected Area, where local flora and fauna can be observed.

DESEMBARCO DEL GRANMA

Transfer in an air-conditioned vehicle with a bilingual quide. During the journey there will be a panoramic tour through the towns of Pilón and Niguero, and a visit to the natural archaeological site of El Guafe, including with flora and faunawatching, a visit to caves used as shelters and for ceremonial and funeral rituals, including the cave to Atabeira, the goddess of water. There will be an excursion to the fishing community of Cabo Cruz, including a visit to the 32 meter-high Vargas lighthouse, dating from the 19th century, and to the Portada de la Libertad historical monument: there will also be visits related to the landing of the Granma yacht in 1956: the Granma Yacht Memorial. and the house of the peasant Ángel Pérez, with a walk along the Ruta de los Expedicionarios path. Lunch is at a local restaurant, with a walking tour of the historic center of Niguero.



TREKKING

We recommend the use of comfortable clothes and strong shoes suitable for hiking, a camera, binoculars, a hat, sunglasses and drinking water.

HORSEBACK RIDING

Departing at the client's request from 9:00 am to 5:00 pm, this includes horse-riding instruction, and ecotours near the town of Marea del Portillo and the Sierra Maestra southern slopes, as well as local flora and fauna-watching and meeting local people throughout the journey.

JEEP SAFARI-TOUR

After transfer on a four-wheel drive jeep, with a bilingual guide, the journey will take you along the mountain road through the Sierra Maestra, with stops in Caridad de Mota, La Habanita and Masó, all including explanations. After a welcome cocktail at Villa Santo Domingo, you will have leisure time. After visiting the Visitor Information Center, there will be an ecotour to the Comandancia de La Plata, including a walk around the rustic buildings constructed in La Plata in 1958, The General Headquarter of the Ejército Rebelde (revolutionary army), among them the Casa de los Transeúntes (house for short-term residents), Posta No. 1 (rural sentry post), Casa de la Prensa (small storehouse), the kitchen, Fidel Castro's house, etcetera. Lunch at Villa Santo Domingo with a drink included.

WATER ACTIVITIES FROM MAREA DEL PORTILLO

SEAFARI TO CAYO BLANCO

Departure at 9.00 a.m. from the pier of Cayo Portillito at the front of the Farallón del Caribe hotel. The trip includes transport in an airconditioned vehicle towards Pilón as far as Triburcio. Visitors will stay on Cayo Blanco island where there will be entertainment, music, an open bar and a buffet lunch, including lobster. The tour includes aquatic activities (equipment included).

SNORKELLING

Departing at the client's request (morning or afternoon) from the pier of Cayo Portillito at the front of the Farallón del Caribe hotel. The trip includes boating with the service of a bilingual guide, arrival at the coral reef and visitors can enjoy an hour of snorkelling (equipment included).

DEEP-SEA FISHING

Departing at the client's request (early morning start) from the pier of Cayo Portillito at the front of the Farallón del Caribe hotel. The trip includes sailing on a 33 or 46-feet long boat, specialist crew, snack, open bar with Cuban drinks and lunch. Enjoy up to 3 different fishing styles, 1 or 2 miles along the coast, with artificial bait.

OPEN SEA SEAFARI

Departing at 9:00 am from the pier of Cayo Portillito at the front of the Farallón del Caribe hotel. The trip includes transportation by yacht, with a bilingual guide. Visitors can enjoy sailing in the open sea, with fishing if possible all the time enjoying views of Pilón and the mountains of the Sierra Maestra. Open bar with Cuban drinks. Snorkelling in the coral reef (equipment included). Seafood lunch in Cayo Blanco and beach time.



RIDE ON COLONIAL CARRIAGES IN BAYAMO

Enjoy one of Bayamo's traditions since colonial times: a ride on a horse-drawn carriage. Tour the main streets of the city, visiting places of historical and cultural interest, the sites of Cuba's tradition of struggle, such as the Plaza de la Patria, the Plaza del Himno, the Retablo de los Héroes and the historical center.



Specialized guide service during the entire tour, with detailed explanation about historical events and natural aspects of the area. Access to the Turquino National Park and the Comandancia de La Plata. Visit to all its facilities via a 3-km walk through an eco-tourist trek (medium difficulty). At the client's request, and with variations in price, the trip may include: transfer on 4WD jeeps (round-trip) from Villa Santo Domingo to the natural viewpoint of Alto del Naranjo and box lunch or lunch at Villa Santo Domingo.



TREKKING TURQUINO

Tour with 2 days/1-night duration.
Departing at 7:30 am from Villa Santo
Domingo on 4WD jeeps to Alto del Naranjo.
Climb along the Rascacielos trail or short
visit to the ecological community of La
Platica. An 8 km trek (high difficulty) to
La Aguada, a basic mountain campsite. At
the client's request -weather permittinga trek up the Pico Turquino (5 km) the
same day, returning in the afternoon
to La Aguada. Otherwise, visitors can
rest at the campsite, and the following
day, trek the peak and descend.



Transport

CUBACAR Marea Del Portillo Hotel Car Rental Office

Carretera Granma, km 12 ½, Marea del Portillo, Pilón. Tel: (53) 23 59 7005

Guacanayabo Hotel Car Rental Office

Avenida Camilo Cienfuegos, Manzanillo. Tel: (53) 23 57 7737

Hotel Sierra Maestra Hotel Car Rental Office

Carretera Central vía Santiago, km 1 ½, Bayamo. Tel: (53) 23 42 2990

VIACUBA Venus Hotel Car Rental Office

Calle José Antonio Saco, corner to Juan Francisco Sariol, Manzanillo. Tel: (53) 23 57 8185

CUBATAXI Bayamo Agency

Calle Martí, #480, esq a Amado Estévez, Bayamo. Tel: (53) 23 42 4313

Manzanillo Agency

Ave 1ro de Mayo, e/ Dr Codina y Saco, Manzanillo. Tel: (53) 23 57 4782

Pilón Agency

Calabaza, Pilón. Tel: (53) 23 59 4116

OTHERS

Viazul Bus Station

Carretera Central, #501, vía a Santiago de Cuba, Bayamo. Tel: (53) 23 42 7482

Bayamo Train Station

BAIC

TT012967

Calle Línea and José Antonio Saco, Bayamo. Tel: (53) 23 42 3056

Manzanillo Train Station

Plaza Jesús Menéndez and Merchán, Manzanillo. Tel: (53) 23 57 7512

AIRPORTS

Carlos Manuel de Céspedes National Airport

Aeropuerto Nacional Carlos Manuel de Céspedes Carretera Central vía a Holguín, Bayamo. Tel: [53] 23 42 7514 / 23 42 7916

Reservation Office

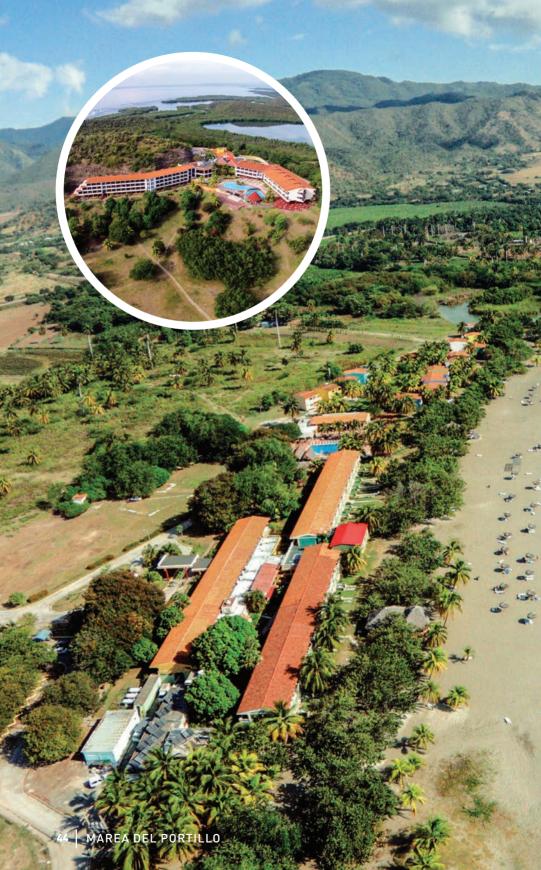
Calle Martí, e/ Parada and Rojas, Bayamo. Tel: (53) 23 42 7507 Miércoles: 9:00 am -11:00 am.

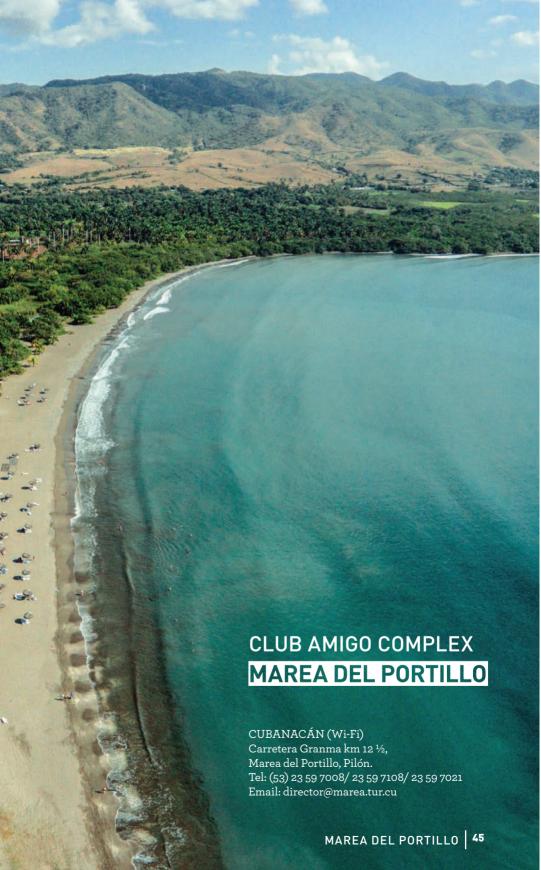
Sierra Maestra International Airport

Carretera a Cayo Espino, km 7, Manzanillo. Tel:[53] 23 57 7401 (53) 23 57 7520 (53) 23 57 7460 (53) 23 57 2080

Sales Agency

Calle Masó, e/ Merchán and Villuendas, Manzanillo. Wednesday: 8:00 am - 12:00 m/ 2:00 pm a 6:00 pm.





Accommodation





HOTEL ROYALTON

ROYALTON HOTEL ***

ISLAZUL

Plaza de la Revolución, Bayamo.

Tel: [53] 23 42229

Email:

director@royalton.tur.cu

SIERRA MAESTRA HOTEL **

ISLAZUL (Wi-Fi) Carretera Central, vía Santiago de Cuba, km 1 ½, Bayamo. Tel: (53) 23 42 7970 /23 427072 Email: desk@hsierra.tur.cu

VILLA BAYAMO **

ISLAZUL

Carretera Vía Manzanillo,

km 1 ½, Bayamo.

Tel: (53) 23 42 3102

Email: director@bayamo.tur.cu

GUACANAYABO HOTEL**

ISLAZUL

Avenida Camilo Cienfuegos, Manzanillo.

Tel: (53) 23 57 4012

Email:

mariaelena@guacanayabo.tur.cu

BALCÓN DE LA SIERRA - SANTO DOMINGO. COMPLEX**

ISLAZUL

Carretera La Plata, Bartolomé Masó.

Tel: (53) 23 56 5613 / 23 56 5513

Fmail:

director@santodomingo.tur.cu

NIQUERO HOTEL**

ISLAZUL

Calle Martí, #1, esq a

Céspedes, Niguero.

Tel: (53) 23 59 2498

Email: caridad@hotelng.co.cu

LA SIERRITA CAMPSITE

Carretera a Santo Domingo, km 8, Bartolomé Masó.

Tel: (53) 23 56 5584

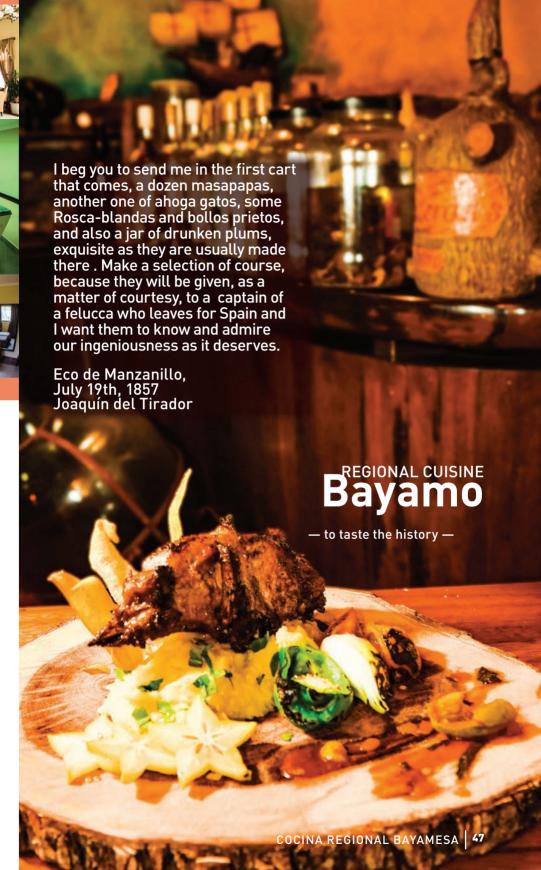
Email:

sierrita@grm.campismopopular.cu

LAS COLORADAS CAMPSITE

Carretera Las Coloradas, Niquero, near the Desembarco del Granma National Park.

Tel: (53) 23 90 1147



Where to eat



Cuban Food

La Bodega

Plaza del Himno, #34, e/ Maceo Osorio and General Rabí, Bayamo. Tel: (53) 23 42 1011 Monday to Sunday 10:00 am - 9:00 pm.

1513 Restaurant

Calle General García, #180, e/ Luz Vázquez and Lora, Bayamo. Tel: (53) 23 42 2939 Monday to Sunday: 12:00 m - 10:40 pm.

Las Américas

Calle Maceo corner to

Martí, Manzanillo. Tel: (53) 23 57 3043 Monday to Sunday: 7:00 am - 10:20 pm.

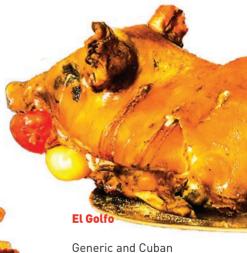


La Filarmónica

Paseo General Garcia, corner Saco. Bayamo. Tel: (53) 23 41 1519 every day: 11:00 am - 11:00 pm

Manegua Restaurant

Calle Figueredo, e/ General García and Céspedes, Bayamo. Tel: (53) 23 42 4725 Monday to Sunday 12:00 m - 2:00 pm/ 6:00 pm - 9:30 pm.



Generic and Cuban food. Grill and private room.
Ave 1ro de Mayo and Narciso López, Manzanillo.
Tel: (53) 23 57 3158
Tuesday to Monday: 12:00 m - 3:00 pm/6:00 pm - 9:40 pm.

Poultry meat

La Bayamesa

Calle General García, #2, e/ Maceo and Canducha Figueredo, Bayamo. Tel: (53) 23 42 1775 Monday to Sunday: 12:00 m - 3:00 pm / 6:00 pm - 10:00 pm.

Fish and seafood

La Presa

Calle Amado Estévez, e/ ave Frank País and Carretera Central, Bayamo. Tel: (53) 23 42 4123 Monday to Sunday: 12:30 m - 2:00 pm/ 6:00 pm - 10:40 pm.

Restaurante La España

Calle General García, e/ Figueredo and Masó, Bayamo. Tel: (53) 23 42 4032 Monday to Sunday: 12:00 m - 3:00 pm / 6:00 pm - 9:40 pm.

Ranchón Marinero

Ave Camilo Cienfuegos, e/ Litoral and Pesquera, Manzanillo. Tel: (53) 23 57 4199 Monday to Sunday: 7:00 am - 9:40 pm.

Restaurante Cayo Confite (La Lisetera)

Avenida Masó, e/ calle 9 and 10, Manzanillo. Monday to Sunday: 9:00 am - 8:30 pm.

Sheep & goat meat

El Senado

Calle Canducha Figueredo, e/ General García and Libertad, Bayamo. Tel: (53) 23 42 2063 Monday to Friday and Sunday: 12:00 m - 3:00 pm / 6:00 pm - 9:40 pm / Saturday 12:00 m - 2:00 pm / 7:00 pm - 11:00 pm.



Spanish food

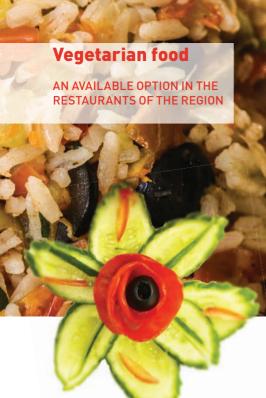
La Sevillana

Calle General García, corner toLuz Vázquez, Bayamo. Tel: [53] 23 42 1472 Monday to Sunday: 12:00 m - 2:00 pm / 6:00 pm - 10:40 pm.

La Catalana

Calle Martí corner to Narciso López, Manzanillo. Tel: (53) 23 57 7144 Monday to Sunday: 12:00 m - 9:40 pm.





1800

Calle Merchán, e/ Maceo y Saco, Manzanillo. Tel: (53) 23 57 5278 Monday to Sunday: 7:00 am - 11:00 pm.

Yang Tsé

Calle Merchán, e/ Maceo y Masó, Manzanillo. Tel: (53) 23 57 3057 Monday to Sunday: 7:00 am - 9:40 pm.

El Chapuzón

Calle Amado Estévez, Bayamo. Tel: (53) 23 42 4603 24 hours.

Luanda

Parque Granma, Bayamo. Teléfono: (53) 23 48 5514 12:00 pm-10:00 pm.

La Cubana

Carretera Central, vía a Santiago de Cuba, #484, Bayamo. Tel: (53) 23 42 4375 Monday to Sunday: 12:00 m - 2:30 pm/ 6:00 pm - 10:30 pm.

Dinos Pizza La Popular

Calle General García, #111, e/ Figueredo and Saco, Bayamo. Tel: (53) 23 42 1931 Monday to Sunday: 9:00 am - 11:00 pm.

El Pedrito

Calle Maceo, e/ General García and Donato Mármol, Bayamo. Tel: (53) 23 41 1841 Monday to Sunday: 11:00 am - 10:30 pm..

Restaurante Palermo

Calle Masó corner to Villuendas, Manzanillo. Tel: (53) 23 57 7432 Monday to Sunday: 12:00 m -2:30pm/ 6:00 pm - 9:40 pm.

Dinos Pizza La Glorieta

Calle Merchán, #221, e/ Maceo y Masó, Manzanillo. Tel: (53) 23 57 8795 Monday to Sunday: 8:00 am - 12:00 m.





Sugarcane basoco

— Granma sweet tradition —

Basoco is a Granma sweet historical tradition, The pastry, which has been prepared in the same way for 80 years, is made principally from sugarcane guarapo to which is added sesame seeds, cow's milk, grated coconut and sour orange. Basoco is still made mostly by the Carrazana family in Buey de Gallego, Yara, who pass on their knowledge from each generation to the next.



LIGTH FOOD

CAFÉ SERRANO

Carretera Central, vía Holquín, Bavamo, Tel: [53] 23 421434 24 hours

CAFETERÍA EL TOCORORO

Carretera Central, vía a Santiago de Cuba, km 1 ½, Bayamo. Tel: (53) 23 48 1212 24 hours.

CAFETERÍA LA FUENTE

Ave. Jesús Menéndez, corner to Avenida Masó, Manzanillo. el: (53) 23 57 8254 Monday to Sunday: 8:00 am - 12:00 pm.

CAFETERÍA EL COCHE

Carretera Central, vía a Las Tunas. Bavamo. Monday to Sunday: 7:00 am - 12:00 pm.

CAFETERÍA DON BLANES

Ave Masó. Nuevo Manzanillo. Tel: (53) 23 54 9619 24 hours.

CAFETERÍA EL TITANIC

Ave. Masó, #43, Bartolomé Masó. Tel: (53) 23 56 5567 Monday to Sunday: 9:00 am - 11:00 pm.

CAFETERÍA LA CASCADA

Calle General García. e/ Frank País y Mármol, Jiguaní. Tel: (53) 23 36 6381 24 hours

CAFETERÍA EL SERRANO

Calle Víctor Ramos, e/ General García y Milanés, Guisa. Tel: (53) 23 39 1616 24 hours.

CAFETERÍA EL CANEY

Caney de las Mercedes, El Caney. Tel: (53) 23 56 6197 Monday to Sunday: 9:00 am - 11:00 pm.

CAFETERÍA EL KIKIRI

Calle Martí, e/ Maceo v Saco. Manzanillo. Tel: (53) 23 57 7813 Monday to Sunday: 10:00 am - 12:00 pm.

CAFETERÍA LA TERRAZA

Avenida Los Mártires, #46 (altos), esq a Línea, Yara. Tel: (53) 23 58 8651 Monday to Sunday: 9:00 am - 11:00 pm.

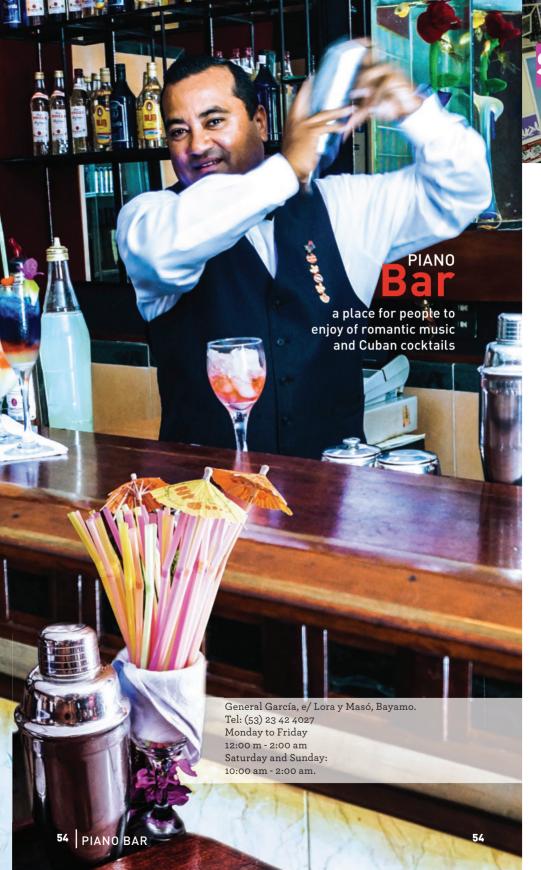
CAFÉ PALMARES

Carretera Central, vía a Santiago de Cuba, Bayamo. Tel: (53) 23 48 7011



WHERE TO EAT

til the world





El Paseo

Calle Saco, e/ Gral García and Céspedes, Bayamo. Tel: (53) 23 42 7324

La Mariposa

Calle Mármol corner to Maceo, Bayamo. Tel: (53) 23 42 7435

La Exclusiva

Calle Saco, e/ Céspedes and Gral García, Bayamo. Tel: (53) 23 42 7324

Plaza del Himno

Calle Maceo, #20, Bayamo. Tel: (53) 23 42 2896

Centro Comercial Telégrafo

Calle Saco, #154, corner to Mármol, Bayamo. Tel: [53] 23 42 7486

Proposiciones

Calle Gral García, #5, e/ Maceo and Canducha Figueredo, Bayamo. Tel: (53) 23 42 7236

La Única

Hotel Sierra Maestra, Carretera vía Santiago, km 1 ½, Bayamo. Tel: (53) 23 42 7419

Villa Bavamo

Carretera Central, km 1½, vía Manzanillo, Bayamo. Tel: (53) 23 42 7217

La Bayamesa

Calle General García corner to Luz Vázquez, Bayamo. Tel: (53) 23 41 1836

Punto de venta La Bayamesa

Calle Maceo corner to Martí, Bayamo. Tel: (53) 23 42 5673

Librería La Literaria

Calle General García, #56, e/ Saco y Figueredo, Bayamo. Tel: (53) 23 42 7025

Villa Balcón de La Sierra

Carretera Providencia, km 1, Bartolomé Masó. Tel: (53) 23 56 5817

Villa Santo Domingo

Carretera La Plata, km 16, Santo Domingo, Bartolomé Masó. Tel: (53) 23 56 5568.

Hotel Guacanavabo

Avenida Camilo Cienfuegos, Manzanillo. Tel: (53) 23 57 2998

Hotel Niguero

Calle Martí, #100, esq a Céspedes, Niquero. Tel: (53) 23 59 2300

La Internacional

Hotel Marea del Portillo. Carretera Granma, km 12 ½, Pilón. Tel: (53) 23 59 7016

Las Rosas

Hotel Farallón del Caribe. Carretera Granma, km 12 1/2, Pilón. Tel: (53) 23 59 7018

Librería Pulso y Onda

Merchán, #223, e/ Maceo and Masó, Manzanillo. Tel: (53) 23 57 7744

Cuenta Conmigo

Merchán, #221, e/ Maceo and Masó, Manzanillo. Tel: (53) 23 57 3054



GENERAL CARLOS MANUEL DE CÉSPEDES HOSPITAL

Carretera Central vía a Santiago de Cuba, Bayamo. Tel: (53) 23 42 5012

GENERAL MILANÉS PEDIATRIC HOSPITAL

Ave Francisco Vicente Aguilera, #501, Bayamo. Tel: (53) 23 42 6412

CELIA SÁNCHEZ MANDULEY HOSPITAL

Ave Camilo Cienfuegos y Carretera a Campechuela, Manzanillo. Tel: (53) 23 57 4011

HERMANOS CORDOVÉS PEDIATRIC HOSPITAL

Calle 2da and Ave Caymari, Manzanillo. Tel: (53) 23 57 4015

HOSPITAL FÉLIX LUGONES RAMÍREZ

Carretera de Pilón, Pilón. Tel: (53) 23 59 4412

NTERNATIONAL DRUGSTORE

Calle Gral García, e/ Figueredo and Lora, Bayamo. Tel: (53) 23 42 9596 Monday to Saturday: 8:00 am - 12:00 m/ 1:00 pm - 5:00 pm.

IN HOTELS

Following services can be requested in reception area of those hotels that offers them.

VILLA SANTO DOMINGO

- Massage
- Podiatry

MAREA DEL PORTILLO

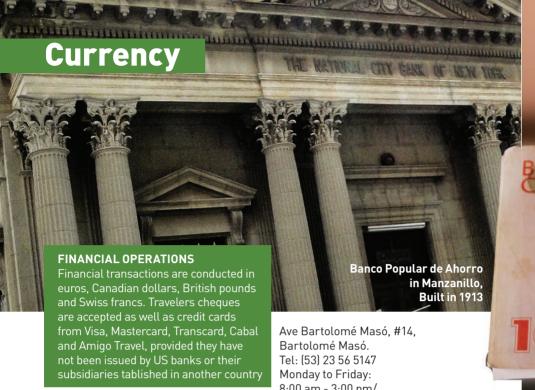
- Podiatry
- Massage
- Stomatology

NURSING SERVICE

- Emergency service
- Drugstore







BANCOS

BANCO FINANCIERO INTERNACIONAL (BFI)

Carretera Central vía a Santiago de Cuba, e/ 2da and Jesús Menéndez. Bavamo. Tel: (53) 23 42 7360 Monday to Friday: 8:30 am - 3:30 pm.

BANDEC

Calle Gral García, #101, e/Saco and Figueredo, Bayamo. Tel: (53) 23 42 6340 Monday to Friday: 8:00 am - 3:00 pm/ Saturday: 8:00 am - 11:00 am.

Calle Amado Estévez, e/ Plaza de la Patria and Jesús Menéndez, Bayamo. Tel: (53) 23 42 6395 Monday to Friday: 8:00 am - 3:00 pm/ Saturday: 8:00 am - 11:00 am.

Calle Merchán, #262, corner to Saco, Manzanillo. Tel: (53) 23 57 7523 Monday to Friday: 8:00 am - 3:00 pm/ Saturday: 8:00 am - 11:00 am. 8:00 am - 3:00 pm/ Saturday: 8:00 am - 11:00 am.

Calle José Martí, #103, Niguero. Tel: (53) 23 59 2327 Monday to Friday: 8:00 am - 3:00 pm/ Saturday: 8:00 am - 11:00 am.

Calle Antonio Guiteras, Pilón. Tel: (53) 23 59 4231 Monday to Friday: 8:00 am - 3:00 pm/ Saturday: 8:00 am - 11:00 am.

BANCO POPULAR DE AHORRO (BPA)

General García, #70. Bayamo. Tel: (53) 23 42 6613 Monday to Friday: 8:30 am - 3:30 pm.

WESTERN UNION

Ave Frank País, e/ 2da and Jesús Menéndez, Bayamo. Tel: (53) 23 42 7371 Monday to Saturday: 9:00 am - 5:00pm/ Sunday: 9:00 am - 12:30 pm.

José Martí, #121, corner to Batería, Manzanillo, Tel: (53) 23 57 7115 Monday to Saturday: 9:00 am - 5:00 pm/ Sunday: 9:00 am - 12:00 m.



CURRENCY EXCHANGE

Carretera Central and 2da, Rpto Jesús Menéndez, Bayamo. Tel: (53) 23 42 7220 Monday to Saturday: 8:30 am - 4:00 pm.

Calle Saco, #101, e/ Gral García and Mármol, Bayamo. Tel: (53) 23 42 7222 Monday to Saturday: 8:30 am - 4:00 pm.

Calle José Martí, #184, Manzanillo. Tel: (53) 23 57 7125 Monday to Saturday: 8:30 am - 4:00 pm.

Sierra Maestra International Airport Carretera a Cayo Espino, km 7, Manzanillo. Tel: (53) 23 57 7660 Ave Bartolomé Masó, #18, Bartolomé Masó. Tel: (53) 23 56 5838 Monday to Friday: 8:30 am - 4:00 pm/ Saturday: 8:30 am - 11:30 am.

Calle Céspedes, #60, e/ Plácido and Martí, Niquero. Tel: [53] 23 59 2478 Monday to Friday: 8:30 am - 4:00 pm/ Saturday: 8:30 am - 11:30 am.

Calle Antonio Ballestero, #16, El Carmen, Media Luna. Tel: (53) 23 59 3623 Monday to Friday: 8:30 am - 4:00 pm/ Saturday: 8:30 am - 11:30 am.

Communications

ETECSA (TELECOMMUNICATIONS COMPANY OF CUBA S.A.) IT OFFERS SERVICES OF:

- Landline telephony
- Public telephone booths and stations.
- Mobile telephony.
- International recharge.
- Calls (prepaid and postpaid rates).
- Sending and receiving sms and mms.
- International roaming.
- Internet access.
- Sale of prepaid phone cards.
- Sale of equipment and telephone accessories

ETECSA TELEPUNTOS

Calle Gral García, #109, Bayamo. Tel: (53) 23 42 8353 / 23 42 4444 Monday to Sunday: 8:30 am - 7:00 pm.

Calle Dr Codina and José Miguel Gómez, Manzanillo. Tel: (53) 23 57 8890 / 23 57 2222 Monday to Sunday: 8:30 am - 7:00 pm.

ETECSA MINIPUNTOS

Ave Antonio Maceo #9 e/ Ave Granma and Calle 3, Rpto Jesús Menéndez, Bayamo. Tel: (53) 23 48 1809 Monday to Friday: 8:30 am - 4:00 pm/ Saturday: 8:30 am - 12:00 m.

Carretera Central, e/ 3ra and Jesús Menéndez, Bayamo. Tel: (53) 23 42 2484 Monday to Friday: 8:30 am - 4:00 pm/ Saturday: 8:30 am - 11:00 am Avenida Camilo Cienfuegos and Carretera to Campechuela, Manzanillo. Tel: (53) 23 57 7790 Monday to Friday 8:30 am - 12.30 pm - 3:30 pm / Saturday: 8:30 am - 11:30 pm.

Calling Abroad

Dial 119 (exit code for Cuba), then the destination country prefix, and finally the desired number.

Calling to Cuba

Dial the country's exit number, then the 53, (entry code for Cuba) then the corresponding province prefix and finally the desired numbe

Calling to provinces

If you are in Cuba and need to communicate with a province, the procedure is simple. From any province of the country you must dial the code of the province and then the code of the town you are calling and, finally, the desired number.





- If you are going to tour the city in a traditional horse-drawn carriage, it is preferable to do it at sunset when the weather is cooler. Bayamo is one of the hottest cities in Cuba and the sun is intense. So we recommend that you wear a hat or cap, sunglasses and sunscreen.
- There are several institutions where you can change currency: banks, Casas de Cambios (Cadeca), hotel bureaus. Never change money on the street, as it can be unsafe.
- We recommend that visitors use insect repellents along with sunscreens, caps and hats.
- We suggest the use of long sleeves and pants, as well as suitable shoes for excursions on the plains, climbing mountains, canyoning, etc.
- It is important to take water, sweets and other sugary items to some longer excursions in order to compensate for energy

expenditure.

- Care should be taken with plants that can cause rashes or allergic reactions on the skin, such as guao, palo bronco and others.
- We recommended that you wash thoroughly any fruits that you find and consume during the tour, and that you ask the guide if they are edible or not, as well as ensure that they do not have insect bites or are damaged.
- We also advise that you take care of the environment by dealing appropriately with garbage.



Information Centers Infotur Granma

Infotur Bayamo Tph.: (53) 23 42 3468

Information Bureau Sierra **Maestra International Airport**

Tph.: (53) 23 57 4434

Infotur Manzanillo Tph.: (53) 23 57 4412

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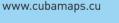
















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